

55+ FALL DINNER IDEAS

PASTA

- Taco Pasta
- Stuffed Shells
- Ravioli
- Baked Ziti
- Pesto Pasta
- Tortellini
- Fettuccini Alfredo
- Spaghetti & Meat Balls
- Spaghetti Pie
- American Chop Suey

CHICKEN

- Chicken Enchiladas
- Chicken Pot Pie
- Merry Me Chicken
- Chicken Parmesan
- Chicken & Broccoli Alfredo
- Chicken Tenders & Fries
- Baked Chicken and Acorn Squash

OTHER

- Kielbasa & Rice
- Sausage Stuffed Peppers
- Pineapple Ham & Mashed Potatoes

BEEF

- Beef Enchiladas
- Tater Tot Casserole
- Meatball Subs
- Beef and Broccoli
- Pot Roast
- Shepards Pie
- Braised Briskit
- Steak and Potatoes
- Meatloaf

VEGETARIAN

- Special K Loaf
- Egg Plant Parmesan
- Loaded Baked Potatoes
- Spaghetti Squash
- Cream Cheese Patties
- Tofu Stir Fry
- Cheese Pizza
- Stuffed Acorn Squash
- Broccoli & Cheese Casserole

SOUP

- Broccoli Cheddar Soup
- Turkey & Dumplings
- Carrot Soup
- Clam Chowder
- Lentil Soup
- Beef Stew
- Chili
- White Chicken Chili
- Butternut Squash Soup
- Grilled Cheese and Tomato Soup

SALAD IDEAS

- Pear Salad
- Pomegranate Salad
- Broccoli Salad
- Mandarin Orange Salad
- Apple Pecan Salad
- Crispy Chicken Salad with Dried Cranberries

VEGETABLE IDEAS

- Butternut Squash
- Acorn Squash
- Yellow Squash
- Zucchini
- Spinach
- Green Beans
- Egg Plant
- Sweet Potato
- Pumpkin
- Beets
- Carrots
- Brussel Sprouts
- Cauliflower
- Cabbage
- Broccoli

MORE
